



little stars
Yoga & Wellness

Liability Waiver Agreement

I _____ (print name) understand that yoga includes physical movements as well as an opportunity for relaxation, stress re-education and relief of muscular tension. As is the case with any physical activity, the risk of injury, even serious or disabling, is always present and cannot be entirely eliminated.

Yoga is not a substitute for medical attention, examination, diagnoses or treatment. Yoga is not recommended and is not safe under certain medical conditions. I affirm that I alone am responsible to decide whether I or my child are fit to practice yoga. I also understand that supportive and encouraging touch, massage, and partner and group interaction is an integral part of this class.

I hereby agree to irrevocably release and waive any claims that I and/or my child/children, now or hereafter, may have against Natalie Edwards, Little Stars Yoga and Wellness.

Photographs and other recorded images of you/your child participating in this activity may be used by Little Stars Yoga and Wellness for activities including promotion. By signing this form you consent to the use and disclosure of those images without any form of payment to you.

Signature of student, parent or guardian

__/__/____
Date

Email: _____